



TOP ROW (FROM L TO R): ALL MY RELATIONS, ANN NAOWARAT, BERNICE JENSEN, BONNIE MCLEAN, COCO & CRIMSON, DARLENE FAIR
 MIDDLE ROW (FROM L TO R): DELA COUTTS, EMILY WHALEN, INAS LAYACHI, JEN TAKAHASHI, JYELLE VOGEL, KAYLY ERNO
 BOTTOM ROW (FROM L TO R): LISA MCCAULEY, MORGAN BENEDICT, ROBIN NICHOL, TARA HOLMES, THERESA BROOKS, TITS N ANARCHY

All A’Broads Community Cabaret Line-Up – March 8, 2019

TARA HOLMES - Cabaret Host

Tara has been in Kamloops for almost 30 years and has worked in media for all of her career, which has spanned radio, TV and now *Kamloops This Week*.

Along the way Tara has branched out, and she has been performing stand-up comedy for over 10 years, first with Hell on Heels and then with the Funny Honeys'. Tara loves to give back to her community through volunteering and emceeing events. She has also brought love to Kamloops in the last couple of years with her new matchmaking company Holmes is Where the Heart is. Tara believes strongly that swiping for people is just wrong. It's time to get back to face-to-face flirting, and she can help you with the first step. Tara is excited to be a part of International Women's Day.

MORGAN BENEDICT

Performing: *Machinal 2020*

Machinal was written in 1928 by Sophie Treadwell and was inspired by the real-life case of convicted and executed murderer Ruth Snyder. In *Machinal 2020*, we look at a piece of her story one hundred years later.

Morgan is an emerging artist with a background in both performance and technical theatre. She grew up on the coast and has been living in Kamloops for the past 6 years.

THERESA BROOKS

Performing: *Pages & Stages* as “Linda the Librarian”

Theresa shares her love of the written word through this witty essay about various written materials that a woman may turn to during the stages of her life.

Originally from Glasgow, Scotland (you may detect a hint of an accent), Theresa is married, a mum of four, grandma of three and draws on her own personal reading experiences for this material. She is currently the Program Administrator/Instructor in the Applied Business Technology Program at TRU and president of the Board of Directors for local non-profit People In Motion. Although she visits the library often, Theresa says she’s unable to walk past a bookstore, and even if it’s closed, will peer through the windows!

NAOWARAT (ANN) CHEEPTHAM

Performing: *Ram Sri-Nuan* - a traditional dance typical of central Thailand

The dance is an expression of the yearning of a young man won over by such great charm. The choreography and the sweetness of the accompanying music and lyrics are said to evoke the sweet nature of Thai girls. (Wikipedia; Thai traditional dance, 2019)

Dr. Cheeptham is a cave microbiologist and professor at the Department of Biological Sciences, TRU. Her research interest and focus has included cave microbiomes and new drug discovery, white-nose syndrome in bats and alternative treatment tools against multidrug resistant infections. Her work has been featured internationally in print and on TV.

MS COCO CREME AND CRIMSON CLOVER

Performing: *Metamorphosis*

This duet performance piece by Kamloops Burlesque's performers represents change and re-birth. Ms Coco Creme and Crimson Clover have performed together across Western Canada and the USA. This routine is a favourite with audiences and has been performed on many stages, most notably at the Oregon Burlesque Festival.

Coco produces the Kamloops Burlesque showcase and is the proud owner and producer of Dr Sketchy's Anti Art School, Kamloops Branch.

DELA COUTTS & JEWELS OF THE DESERT

Performing: An original dance routine to *Lady Marmalade*

Choreographed by Dela, and performed by her group, Jewels of The Desert, the *Lady Marmalade* routine fuses various styles of dance to express female differences and shared characteristics. Dela is a professional dancer with international experience. During her time at "Broadway Dance Centre" in NYC, Dela found a fondness and interest for fusing genres of dance. Dela is currently teaching, choreographing and performing locally in Kamloops. Influenced by artists, teachers and choreographers, Dela is excited to share her love and thrill of dance with others. "Give a girl the right pair of shoes and she can conquer the World" ~ Marilyn Monroe

DARLENE FAIR

Performing: A trio of songs

Darlene will be performing two original songs, *Magnifica* and *La Vie*, and a cover of Lorde's *Royals*.

Darlene Fair is a singer-songwriter and multi-instrumentalist with a sweet-sultry voice to accompany her unique blend of upbeat cross-cultural pop. A lover of movement, music and dance, she aspires to embody the philosophy that "Life is a Celebration". She's passionate about sharing joy and love of life with her audiences.

BERNICE JENSEN

Performing: First Nations Storytelling

Bernice will share the story of Coyote and Spider Woman and then will be joined by her dance group *All My Relations*.

Bernice Jensen is a Cultural Education Coordinator at the Kamloops Aboriginal Friendship Society. She likes traditional dance, drumming and singing traditional songs. She also likes to hunt, fish, dig roots, tell stories and learn more about her First Nations culture, Secwépemc. Bernice comes from a long line of powerful women that have drummed and sung for many years.

"ALL MY RELATIONS"

Performing: A Fancy, Jingle & Traditional Dance

An all-female First Nations dance group, "All My Relations" has a passion for spreading knowledge and sharing First Nations' culture. They're proud Indigenous women with a story, song and a history of this land.

INAS LAYACHI (INAES)

Performing: *Energy* – An original song

INAES has released music that has achieved millions of views in the EDM scene. She now wants to create her own music that talks to her life experiences and the challenges she has faced and overcome growing up as a young woman in Morocco. The original song Inas will be performing speaks to the energy inside that has helped her to defy Moroccan societal expectations of her and chase her own visions of the future.

Inas is a 19 year old singer/songwriter from the Berber regions of Morocco. She recently moved to Kamloops to pursue an education and a future. She hopes that the music she will be working on here (about her experiences) will touch people emotionally and open a door for discussion.

BONNIE MCLEAN

Performing: *Painted Ladies*

This original work brings to life famous paintings of women and explores the portrayal of female beauty in art versus real life. This piece is a collaboration between Bonnie, Susan Wolf (painter) and Pat Burns (props). Bonnie has an Art History degree and describes herself as a Kamloops painter, performer, choreographer, costumer, dance teacher and general creative person. She explained to us that this piece brings a bit of all her talents into play, including sound design, script writing, being the "curator" and the beadwork on the jewelry. Bonnie is the digital media producer at Riversong Guitars, where she does graphic design, marketing and web work.

LISA MCCAULEY

Performing: An original comedy routine

Lisa finds the funny in everything and hopes that sharing stories about her life will bring some laughter and help everyone feel less stressed with the daily challenges that we all face.

A comedian and author, Lisa brings to light a slightly skewed yet hilarious view of everyday life. Drawing humorous inspiration from her chaotic life of raising 4 boys where the fun just never ends. Fueled by an obsession with shoes and healthy home cooked meals, she trudges on, committed to her causes of teaching boys how to dress themselves and put things in the dishwasher.

ROBIN NICHOL

Performing: A piece from the first *Mom's the Word*.

In 1995, Robin and five other women wrote a cabaret about motherhood called *Mom's the Word*, which has played around the world and spawned two sequels, the third of which, *Mom's the Word – Nest 1/2 Empty* will be at Western Canada Theatre in March.

Robin has been working in the professional theatre for more than 30 years and since 2004 has been a professor in the theatre program at TRU.

JENNIFER TAKAHASHI

Performing: India Arie's "Video" Dance Party

India Arie's "Video" R & B song came out many years ago when Jennifer was a new mom. She explains, "It's the kind of song that makes me want to dance with joy and freedom. It's all about self-love and self-definition – a song to share with daughters. And, now I want to share it with you!"

Jennifer describes herself as a dancer, partner, mother, daughter, friend, neurologist and Kamloopsian. Although Jennifer trained to dance professionally she went into a life of medicine. She feels that she comes back to her simplest self when improvising to music that moves her and described "Video" as a "soul song" that fits that belief!

TITS 'N ANARCHY

Performing: 9 to 5

This burlesque routine is taken from the groups' original theatre production, "It all Started with a Dick Pic."

We heard on the grapevine that Tits 'n Anarchy performance burlesque troupe was forged last year through the destruction of the known world! This group was brought together by Ms Coco Creme, and together they put together Kamloops' very first 'Stripsical' performance at the Hydra Performing Arts Festival. Tits n' Anarchy performers on stage: Lady Jennah Talliah, Tintina Tundra, Dahlia Divine, Ruby Spitfire, Kendy Krush, Ivy Nyx and Ms Coco Creme. Tits 'n Anarchy are here to claim space and make statements.

JYELLE VOGEL & KAYLY ENRO

Performing: *Grow on, Grow-forth*

Jyelle & Kayly are performing a preview scene taken from their 45-minute shadow play developed for The Hydra Festival, TRU Black Box Theatre, May/June 2019. Projected forms come to life in this whimsical production that promotes urban green spaces and food security. The play incorporates live music, a slideshow and unorthodox uses of objects and scale.

Jyelle has a BFA from the University of Victoria and describes herself as a visual artist, crepe maker, cyclist and gardener. She's currently working at the Kamloops Art Gallery, is a member of Kamloops Maker Space and is entering her third summer of crêpe making, with her brother Hunter, at the Kamloops Farmers Market. Kayly is a former student of the TRU theatre program and a multi-talented artist. Through her company 'Infernal Art Productions', Kayly produces entertainment that supports community causes and has also designed props and costumes for Chimera Theatre productions.

EMILY WHALEN

Performing: *Happy to Keep His Dinner Warm*

Emily will be performing "Happy To Keep His Dinner Warm" from *How To Succeed in Business Without Really Trying*. Rosemary, a devoted secretary, has chosen the tycoon at her firm that she wishes to marry. In the delightful style of Musical Theatre, she paints the image of the life she will lead as a demure housewife.

Emily is a graduate of Kamloops School of the Arts and has performed locally with WCT and Project X Theatre.